



RSE: Mapping Document

Last updated: September 2025

Below is the mapping document to demonstrate how PSHE and the broader curriculum meets the criteria for RSE.

Section 1: Family

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Family	Pupils should know that there are different types of committed, stable relationships.	RE Year 11: Relationships & Families English theme of relationships in the following texts: My Sister Lives on the Mantelpiece (Y7), Romeo and Juliet (Y7), Blood Brothers (Y8), Julius Caesar (Y9), An Inspector Calls (Y10), A Christmas Carol (Y11), Poppies & Kamikaze (Y11) Form time PSHE: All year groups cover sessions on healthy relationships
	Pupils should know how these relationships might contribute to human happiness and their importance for bringing up children.	RE Year 11: Relationships & Families English theme of relationships in the following texts: My Sister Lives on the Mantelpiece (Y7), Romeo and Juliet (Y7), Blood Brothers (Y8), An Inspector Calls (Y10), A Christmas Carol (Y11). Poppies & Kamikaze (Y11)
	Pupils should know what marriage and civil partnerships are, including their legal status e.g. that marriage and civil partnerships carry legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.	RE Year 11: Relationships & Families (in addition to examination content) Form time PSHE: Year 8 cover sessions on types of relationships/marriage/civil partnerships and legal rights.
	Pupils should know why marriage is an important relationship choice for many couples and why it must be freely entered into.	RE Year 11: Relationships & Families English theme of relationships/marriage in the following texts: Romeo and Juliet (Y7), Blood Brothers (Y8). Form time PSHE: Year 8

	Pupils should know the characteristics and legal status of other types of long-term relationships.	RE Year 11: Relationships & Families Form time PSHE: Year 8 cover sessions on types of relationships/marriage/civil partnerships and legal rights.
	Pupils should know the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.	RE Year 11: Relationships & Families English theme of parent/child relationships in the following texts: Romeo and Juliet (Y7), My Sister Lives on the Mantelpiece (Y7), An Inspector Calls (Y10),
	Pupils should know how to: determine whether peers, adults or sources of information are trustworthy, judge when a family, friend, intimate or other relationships is unsafe (and to recognise this in others' relationships); and, how to seek help or advice, including reporting concerns about others, if needed	Form time PSHE: Year 7 – Healthy relationships Year 8 – Peer pressure, online relationships and grooming PSHE sessions for all year groups give advice about seeking help and support.

Section 2: Respectful relationships, including friendships

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Respectful relationships, including friendships	Pupils should know the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.	English theme of friendship in the following texts: Romeo and Juliet (Y7), My Sister Lives on the Mantelpiece (Y7), Blood Brothers (Y8), Julius Caesar (Y9), A Christmas Carol (Y11). Form time PSHE: Year 7 cover sessions on healthy friendships and what these look like.
	Pupils should know practical steps they can take in a range of different contexts to improve or support respectful relationships.	RE Year 8: Creation and Covenant covers topics on the consciousness and the key theme of how to show love to your neighbour.

	<p>Form time PSHE: Year 7-11 cover sessions on healthy relationships, boundaries and what these look like in practice.</p>
<p>Pupils should know how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).</p>	<p>RE Year 11: Relationships and Families RE Year 9: Misconceptions of Islam English: My Sister Lives on the Mantelpiece (y7), Blood Brothers (Y8).</p> <p>Form time PSHE: Year 9 cover sessions on stereotypes.</p> <p>PD Immersion session 3: Students cover the Protected Characteristics and are taught about stereotypes within this.</p>
<p>Pupils should know that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.</p>	<p>RE Year 7: Baseline module (mission statement) RE Year 8: Holocaust English thematic units: Powerful Voices (Y7)</p> <p>PD Immersion session 3: Students cover the Protected Characteristics and are taught about respect and valuing others.</p>
<p>Pupils should know about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.</p>	<p>English: MSLOTM (y7)</p> <p>Form time PSHE: All year groups cover this in Anti-Bullying week.</p>
<p>Pupils should know that some types of behaviour within relationships are criminal, including violent behaviour and coercive control</p>	<p>English: Animal Farm (Y9)</p> <p>Form time PSHE: Year 9, 10 and 11 cover varying sessions on coercive control throughout the year.</p>
<p>Pupils should know what constitutes sexual harassment and sexual violence and why these are always unacceptable.</p>	<p>English Key Texts: An Inspector Calls (Y10)</p> <p>Form time PSHE: All students in years 7-11 have input on this topic, ranging from sexually explicit language to sexual violence,</p>

	consent and sexual exploitation in Key Stage 4.
Pupils should know the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.	RE Year 11: Relationships and Families English Y8: The Bone Sparrow PD Immersion session 3: Students cover the Protected Characteristics and are taught about equality throughout this 2 hour session.

Section 3: Online and Media

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Online and Media	Pupils should know their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.	Form time PSHE: All year groups cover online safety – see PSHE mapping document for specific lesson content. Year 8 Cyber Safety session – led by Humberside Police
	Pupils should know about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.	Form time PSHE: All year groups cover online safety – see PSHE mapping document for specific lesson content. Year 9 cover specific session on sharing images online. Year 8 Cyber Safety session – led by Humberside Police
	Pupils should know not to provide material to others that they would not want shared further and not to share personal material which is sent to them.	Form time PSHE: All year groups cover online safety – see PSHE mapping document for specific lesson content. Year 9 cover specific session on sharing images online. Year 8 Cyber Safety session – led by Humberside Police

	Pupils should know what to do and where to get support to report material or manage issues online.	<p>Form time PSHE: All year groups cover online safety and have reminders re where to seek support and how to report issues.</p> <p>Year 8 Cyber Safety session – led by Humberside Police</p>
	Pupils should know the impact of viewing harmful content.	<p>Form time PSHE: All year groups cover online safety – see PSHE mapping document for specific lesson content.</p> <p>Year 8 Cyber Safety session – led by Humberside Police</p>
	Pupils should know that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.	<p>Form time PSHE: Year 10 cover this in form time PSHE session.</p> <p>PSHE Immersion 2: Year 10 have a 2 hour PSHE Immersion session on this topic.</p>
	Pupils should know that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.	<p>Year 8 Cyber Safety session – led by Humberside Police</p> <p>Form time PSHE: Year 10 cover this in form time PSHE session.</p> <p>PSHE Immersion 2: Year 10 have a 2 hour PSHE Immersion session on this topic.</p>
	Pupils should know how information and data is generated, collected, shared and used online.	<p>Form time PSHE: All year groups cover online safety – see PSHE mapping document for specific lesson content.</p> <p>Year 8 Cyber Safety session – led by Humberside Police</p>

Section 4: Being Safe

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
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Being safe	Pupils should know the concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming, coercion, harassment, rape, domestic abuse, forced marriage, honour-based violence and FGM, and how these can affect current and future relationships.	Form time PSHE: All year groups cover consent, but this differs according to year group. Year 9 , 10 and 11 also cover the other laws mentioned here across the spiral curriculum between Year 9 and 11.
	Pupils should know how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (on and offline).	Form time PSHE: All year groups cover consent – see PSHE mapping document for specific lesson content.

Section 5: Intimate and sexual relationships, including sexual health

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Intimate and sexual relationships, including sexual health	Pupils should know how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.	Form time PSHE: All year groups cover sessions on healthy relationships
	Pupils should know that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.	Form time PSHE: All year groups cover sessions on healthy relationships and the impact relationships can have on physical and mental health.
	Pupils should know the facts about reproductive health, including fertility and the potential impact of lifestyle on fertility for men and women and menopause.	Science Year 10: Managing fertility Form time PSHE: Year 10 have a session on factors which can impact on fertility.
	Pupils should know that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressuring others.	Form time PSHE: All year groups cover sessions on healthy relationships. Year 8 have a specific session on peer pressure.
	Pupils should know that they have a choice to delay sex or to enjoy intimacy without sex.	Form time PSHE: All year groups cover sessions on consent and pressure relating to sexual acts.
	Pupils should know the facts about the full range of contraceptive choices and options available.	Science Year 10: Methods of contraception Form time PSHE: Year 10 and Year 11 have PSHE sessions on contraception. PSHE Immersion 3: Year 11 cover contraception and have a speaker from

		Cornerhouse who talks about contraception and STIs.
	Pupils should know the facts around pregnancy including miscarriage.	Science Year 7: Pregnancy RE Year 11: Sanctity of Life
	Pupils should know that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).	RE Year 11: Religion and Life
	Pupils should know how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.	Science Year 10: STI (communicable diseases) PSHE Immersion 3: Year 11 cover contraception and have a speaker from Cornerhouse who talks about contraception and STIs.
	Pupils should know how prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.	Science Year 10: STI (communicable diseases) PSHE Immersion 3: Year 11 cover contraception and have a speaker from Cornerhouse who talks about contraception and STIs.
	Pupils should know how the use of alcohol and drugs can lead to risky sexual behaviour.	English: An Inspector Calls (Y10) Form time PSHE: Year 9 and Year 10 have sessions on drugs and alcohol and how they influence decisions.
	Pupils should know how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.	PSHE Immersion 3: Year 11 cover contraception and have a speaker from Cornerhouse who talks about contraception and STIs.

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Mental well-being	Pupils should know how to talk about their emotions accurately and sensitively, using appropriate vocabulary.	Form time PSHE: All year groups cover mental health and wellbeing – see PSHE mapping document for specific lesson content.
	Pupils should know that happiness is linked to being connected to others.	Form time PSHE: All year groups cover mental health and wellbeing – see PSHE mapping document for specific lesson content.
	Pupils should know how to recognise the early signs of mental wellbeing issues.	Form time PSHE: All year groups cover mental health and wellbeing – see PSHE mapping document for specific lesson content.
	Pupils should know common types of mental ill health (e.g. anxiety and depression).	Form time PSHE: All year groups cover mental health and wellbeing – see PSHE mapping document for specific lesson content.
	Pupils should know how to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.	Form time PSHE: All year groups cover mental health and wellbeing – see PSHE mapping document for specific lesson content.
	Pupils should know the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness.	Core PE Curriculum (all lessons)

Section 6: Mental Well-Being

Section 7: Internet safety and harms

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum
Internet safety and harms	Pupils should know the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online.	Form time PSHE: All year groups cover online safety and online relationships – see PSHE mapping document for specific lesson content.
	Pupils should know how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or get support, if they have been affected by those behaviours.	Form time PSHE: All year groups cover online relationships. Year 9 do a specific session on online grooming.

Section 8: Physical Health and fitness

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Physical health and fitness	Pupils should know the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.	Form time PSHE: All year groups cover mental health and wellbeing. Year 10 do a specific session on stress.
	Pupils should know the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health.	Core PE Curriculum (all lessons) Form time PSHE: All year groups cover mental health and wellbeing – see PSHE mapping document for specific lesson content. Year 9 do a specific session on the risks of an inactive lifestyle.

	Pupils should know facts about the science relating to blood, organ and stem cell donation acts about wider issues such as organ/blood donation.	Science Year 9 & Year 10: Organ donation
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Section 9: Healthy Eating

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Healthy eating	Pupils should know how to maintain healthy eating and the links between a poor diet and health risks, including eating disorders and cancer.	Science Year 8: Balanced diets Science Year 9: Effects of lifestyle on non-communicable diseases.

Section 10: Drugs, alcohol and tobacco

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Drugs, alcohol and tobacco	Pupils should know the facts about legal substances and illegal substances, including drug-taking, and the associated risks, including the link to serious mental health conditions.	Form time PSHE: Year 9 do two specific sessions on drugs.
	Pupils should know the law relating to the supply and possession of illegal substances.	Form time PSHE: Year 9 do two specific sessions on drugs.
	Pupils should know the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood.	Form time PSHE: Year 9 do two specific sessions on alcohol.
	Pupils should know the physical and psychological consequences of addiction, including alcohol dependency.	Form time PSHE: Year 9 do two specific sessions on drugs, alcohol and addiction.
	Pupils should know awareness of the dangers of drugs which are prescribed but still present serious health risks.	Form time PSHE: Year 9 do two specific sessions on drugs.
	Pupils should know the facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so.	Science Year 8 & 9: Impact of smoking on the lungs & cancer. Form time PSHE: Year 9 and Year 10 do form time sessions on smoking and vaping.

Section 11: Health and prevention

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Health and Prevention	Pupils should know about personal hygiene, germs (including microbes), the spread, treatment and prevention of infection, and about antibiotics.	Form time PSHE: Year 7 do a session on hygiene. This is also covered in assemblies by Heads of Year, especially in winter with the spreading of colds and flu bugs.
	Pupils should know about dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist.	Form time PSHE: Year 7 do a session on dental hygiene.
	Pupils should know (late secondary) the benefits of regular self-examination and screening.	Form time PSHE: Year 11 do a session on self-examination. Year 11 Assembly - Oddballs
	Pupils should know the facts and science relating to immunisation and vaccination.	Science Year 10: Immunisation & vaccination
	Pupils should know the importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn.	Form time PSHE: Year 8 and Year 10 do sessions on good sleep hygiene and the importance of sleep.

Section 12: Basic first aid

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Basic first aid	Pupils should know basic treatment for common injuries.	Year 9 PD Immersion 2: First Aid training Form time PSHE: Year 10 have a session on emergency first aid.
	Pupils should know life-saving skills, including how to administer CPR.	Year 9 PD Immersion 2: First Aid training Form time PSHE: Year 10 have a session on emergency first aid.
	Pupils should know the purpose of defibrillators and when one might be needed.	Year 9 PD Immersion 2: First Aid training



Form time PSHE: Year 10 have a session on emergency first aid.

Section 13: Changing adolescent body

	RSE criteria – covered within morning form time PSHE sessions and PSHE Immersion sessions.	Curriculum coverage
Changing adolescent body	Pupils should know key facts about puberty and the changing adolescent body.	Science Year 7: Puberty Form time PSHE: Year 7 have two sessions on puberty and changing bodies.
	Pupils should know the main changes which take place in males and females, and the implications for emotional and physical health.	Science Year 7: Puberty Form time PSHE: Year 7 have two sessions on puberty and changing bodies.